



# Borough of Hightstown

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Website: [www.hightstownborough.com](http://www.hightstownborough.com)

March 27, 2020

Dear Residents,

It is important for everyone to follow the directions of Governor Murphy and Public Health Officials and stay home to support the intensive efforts underway to contain the spread of illness. If you must go out, practice social distancing and remain six (6) feet away from others. Don't go to crowded stores or participate in group activities. If you believe you may have been exposed, monitor your temperature and symptoms and isolate yourself from those with underlying health conditions, pregnant women, and the elderly. Many hospitals and doctor's offices have set up tel-med services; if you must seek care, call before you go and discuss your symptoms. Be aware that testing is not recommended for those with mild illness or without symptoms.

Take every day basic steps to protect yourself and your family. Stay home if you are ill. Wash your hands often for at least 20 seconds. Avoid close contact with others. Cover coughs and sneezes and clean and disinfect surfaces often.

We understand that this is a concerning time for many residents and want to ensure you that we are dedicated to doing our part to slow down this outbreak and lessen the impact on our community. Please ensure you review reliable information sources such as those listed below and follow the current public health recommendations. This is a time for all of us to work together to protect everyone's health, especially the most vulnerable. We must all work together to be successful in our efforts. Your cooperation is needed.

*Lawrence D. Quattrone*  
Mayor

*Jill Swanson*  
Health Officer

[www.cdc.gov](http://www.cdc.gov)

<https://nj.gov/infobank/eo/056murphy/pdf/EO-107.pdf>

<https://covid19.nj.gov/>

[www.hightstownborough.com](http://www.hightstownborough.com)

General questions can be directed to the call center: 1-800-962-1253 or 211 and are open 24/7. Call centers do not diagnose, provide testing or results, or give specific medical recommendations. Callers who need medical advice should contact their healthcare provider. Residents can also text NJCOVID to 898-211 to receive text information.

Local essential businesses need your support; they are staying open so you can stay at home and travel as little as possible to fulfill everyday needs. They are doing their part, support their efforts. Go to [www.hightstownborough.com](http://www.hightstownborough.com) for a list of businesses and their hours as well as other COVID-19 cancellations and other information regarding changes the Borough has made to do its part in reducing the spread of the virus.

*Lawrence D. Quattrone, Mayor*