

# TAKE THE PLEDGE

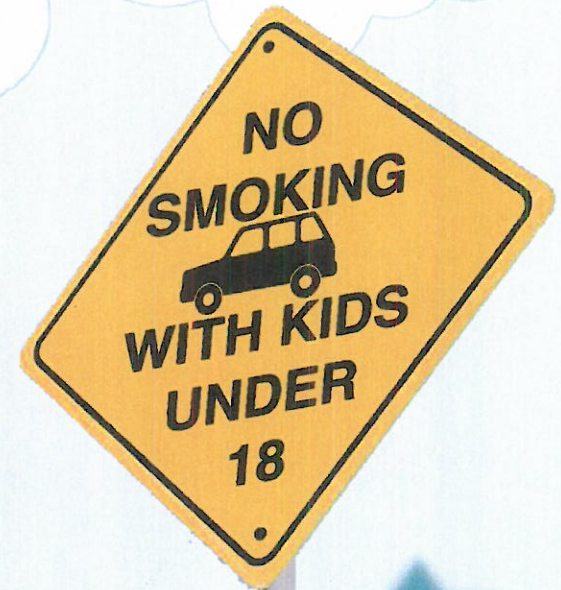
## TOBACCO-FREE RIDE NJ: CLEAN AIR FOR KIDS IN CARS

Tobacco smoke/vapor can linger and cling to car seats, windows, and fabric for hours.

Cracking the windows or turning on the air system does NOT get rid of secondhand tobacco smoke/vapor.

Opening the window is NOT enough!

Take the pledge at:  
[TobaccoFreeRidePledge.com](http://TobaccoFreeRidePledge.com)



**TOBACCO-FREE RIDE NJ:**  
**CLEAN AIR FOR KIDS IN CARS**

# TAKE THE PLEDGE TOBACCO-FREE RIDE NJ: CLEAN AIR FOR KIDS IN CARS

## No Amount of Smoke or Vapor is Safe

Smoking/vaping doesn't just hurt the user but it also harms the people around them. Tobacco smoke/vapor contains heavy metals, cancer causing chemicals and toxic gases.

Babies and children exposed to secondhand smoke can suffer from SIDS, lung illnesses, ear infections, and asthma attacks.

## Pledge to Protect your Family

Go to [www.TobaccoFreeRidePledge.com](http://www.TobaccoFreeRidePledge.com) and click **TAKE THE PLEDGE** to ban smoking/vaping in your car and you will receive a Tobacco Free Ride Kit.

### Tobacco Free Resources:

- [www.QuitForKids.com](http://www.QuitForKids.com)
- [www.NJQuitline.org](http://www.NJQuitline.org)
- [www.TobaccoFreeNJ.com](http://www.TobaccoFreeNJ.com)



**TOBACCO-FREE RIDE NJ:  
CLEAN AIR FOR KIDS IN CARS**

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