

YOU CAN PREPARE FOR ANY EMERGENCY BEFORE IT HAPPENS.

It's as easy as 1-2-3

1 Create a **FAMILY ACTION PLAN** so everyone knows what to do. Depending on the circumstances, you may be required to evacuate the area or to “shelter in place” (remain at home for a period of time). Remember to include any pets in your plan.

2 Prepare a **FAMILY EMERGENCY KIT**. Keep your supplies in an easy-to-carry container that include:

- Bottled water
- Nonperishable, ready-to-eat food and a manual can opener
- Essential medications & a copy of all prescriptions; extra glasses / contact lenses
- Extra clothes, footwear and blankets for each person
- Personal hygiene items; paper goods (toilet paper, tissues, paper towels)
- Battery powered radio and flashlights; extra batteries
- First aid kit & manual; disinfecting wipes or spray and garbage bags
- Extra set of keys, a credit/debit card and cash
- Important documents (or a color copy) in a Ziplock bag; Family Contact Directory
- Special items for babies, children, older adults or people with disabilities
- Pet supplies



3 Keep your **PLAN** and **KIT** up-to-date. Review and practice your plan on a regular basis. Update your kit every 6 months to rotate water, replace outdated supplies and clothes that no longer fit. Revise your plan if you move, have a new family member, or change any contact information.

WEST WINDSOR HEALTH DEPARTMENT

serving the communities of West Windsor - Hightstown - Robbinsville

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