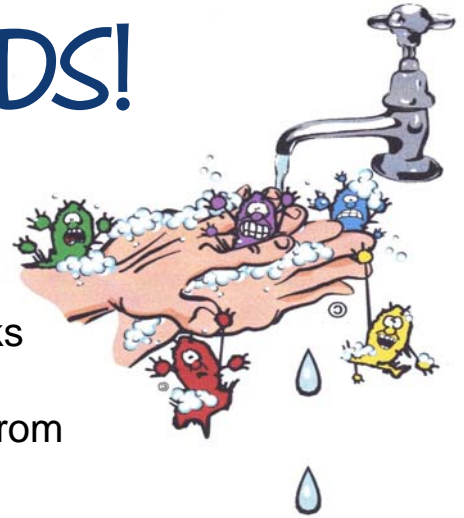


# WASH YOUR HANDS!

- ▶ Place your hands together under warm water.
- ▶ Add soap and rub your hands together for at least 20 seconds.
- ▶ Wash all surfaces, including wrists, palms, backs of your hands, and between fingers.
- ▶ Make sure to clean dirt and any other material from under your fingernails.
- ▶ Rinse the bubbles from your hands.
- ▶ Dry your hands with a clean paper towel.
- ▶ Turn off the faucet using the paper towel. Throw the towel in the trash.

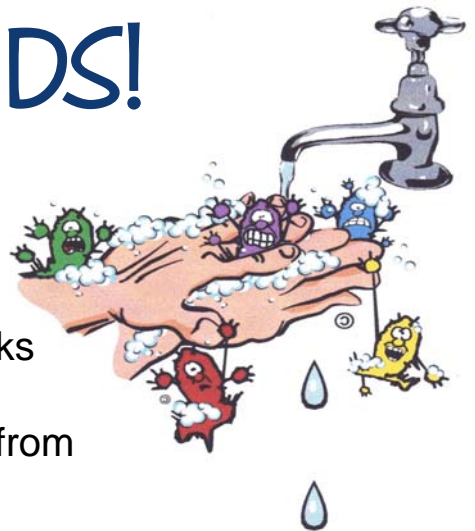


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