# Volunteer Opportunities

- Help with blood donations
- Recording books on tape for blind and dyslexic
- Working in hospital settings
- Serving mobile meals
- Assisting in nursing homes and rehabilitation facilities
- Working with seniors or children
- Working in churches or libraries
- Working with individuals with disabilities
- And more ...

## **INFORMATION**

For more information on RSVP please contact:
Hugh J. Adams
Director

Phone: **609 - 883 - 2880** 

609 - 883 - 2521

Fax: **609 - 883 - 2024** E-Mail: **rsvpmc@yahoo.co**m

RSVP in Mercer County is sponsored by CONTACT of Mercer County, NJ A non-profit Community Agency Retired & Senior Volunteer Program
Hugh J. Adams
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1985 Pennington Road
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## Join RSVP today...



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## What is RSVP?

The Retired & Senior Volunteer Program (RSVP) is a nationwide volunteer program that invites adults age 55 and over to use their life experience and skills to answer the call of their community in **need**.

Through **volunteerism**, these adults engage in meaningful and productive activities that support their neighbors and solve community issues.

If you are 55 or older, working, semiretired or retired, and are looking for ways to stay active and serve your community— then **RSVP** is for you.

**RSVP** is part of Senior Corps of the Corporation for National and Community Services/.



"I love being part of RSVP. The rewards are apparent in those lives that I am able to touch. And it is great to be part of the retired and senior community in an active and productive way...."

E.L., RSVP Volunteer

# Why join RSVP?

The *benefits* of joining **RSVP** hold both practical and personal significance for you and your community.

#### **Practical Benefits**

- Free supplemental on-the-job Liability Insurance
- Free supplemental Accidental and Auto Liability Insurance
- Mileage reimbursement for going to and from your volunteer site, up to \$15.00 monthly
- Invitation to an annual recognition event
- A quarterly newsletter

#### **Personal Benefits**

- A feeling of self-satisfaction
- Improved physical health from being actively engaged in positive acts of care and assistance
- An opportunity to use your current skills and learn new skills

### **Benefits for your Community**

- Support local non-profit organizations
- **Help** frail, at-risk, disadvantaged, homeless and/or hungry populations
- Ease the burden of organizations and individuals
- Build stronger communities
- Make your community safer, cleaner and more unified

# How do I get started?

Joining **RSVP** is easy and fast. If you:

- Are age 55 or over
- Can volunteer at least a few hours on a regular basis
- Enjoy working with others in a helping capacity

Then **we need you!** Many organizations and programs in our community rely heavily upon volunteers to keep them operating. Your commitment to volunteerism assures that those organizations are able to continue providing services to those in need.

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